

### How drugs can affect your driving

New powers to help tackle the dangers of drug driving are now being used.

A new code of practice means that drivers will be compelled to take roadside impairment tests if the police suspect they are driving under the influence of drugs.

The Drugs include prescription drugs or medicines, and over-the counter preparations as well as illegal drugs.

Drugs can affect your mind and body in a variety of ways that mean you aren't able to drive safely. Not only that, the effects can last for hours or even days.

### Drug information

A new website has been set up to give 17-30 year olds information on how different drugs can impair their driving - see the drugdrive link shown on the right of this page.

### How drugs affect your driving

- Slower reaction times
- Poor concentration
- Sleepiness/fatigue
- Confused thinking
- Distorted perception
- Over confidence, so you take unnecessary risks
- Impaired co-ordinations
- Erratic behaviour
- Hallucinations
- Blurred vision/enlarged pupils
- Aggression
- Panic attacks and paranoia
- Tremors
- Dizziness
- Cramps

Never drive under the influence of drink or drugs.

Even some prescription drugs can impair driving ability - always check the instructions. Drug Driving is now treated exactly the same as Drink Driving.