

Road Safety Theme: Car Passenger Safety	Year-group: Year 8 (can be used for Y7)
<p>Aims: To increase the level of seatbelt-wearing amongst teenagers and young adults. To increase car driver and passenger safety by reducing the level of distraction in the car.</p> <p>Objectives: To look at the statistics surrounding road crash casualties in the UK. To highlight the major causes of injury and death for car occupants. To look in detail at the reasons why a seatbelt should be worn, and explore the reasons why young people may not comply. To look at the ways in which passengers distract drivers. Summarise with key safety statements.</p>	<p>Curriculum Links: PSHE/ Personal Wellbeing Key Stage 3</p> <p>Resources: Computer and screen (with sound) to run PowerPoint presentation. Box of tissues and a magazine. Internet access to run video clips:- Look on YouTube under “Road Safety” and find “3 Strikes, pre 9pm version” and “Backwards”</p> <p>Lesson duration: 45 minutes total</p>
<p>Introduction: (10 mins) Ask students to estimate how many people they think are killed and seriously injured on UK roads every day, then reveal and talk through the statistics. Ask the students which factors they think cause most crashes or lead to worse injuries. Reveal the ‘Fatal Four’ i.e. not wearing a seatbelt; distracting the driver; drink and drugs; speeding.</p>	
<p>Main Focus: (30 mins) Ask the students what happens to objects in the car if the vehicle suddenly slow down or stops – ordinary objects (box of tissues, magazine) can become dangerous missiles. Show ‘Car crash’ animation. Discuss who should wear seatbelts and why; discuss the age at which a person is responsible for wearing a seatbelt. Show statistics about seatbelt wearing and the facts about seatbelt technology. Show ‘3 Strikes’ advert then talk about reasons why young people may choose not to wear a seatbelt. Move on to talk about the types of behaviour and other factors which can distract a driver, and the consequences of irresponsible behaviour. Run the ‘Backwards’ video clip.</p>	
<p>Plenary: (5 mins) Finish with the ‘Smart Choices’ which students should make: always wear your seatbelt; check everyone else in the car does too; don’t distract the driver.</p>	
<p>Evaluation: The session usually takes about 45 minutes, which gives enough time for discussion and interaction.</p>	